

SWWHEP Transcript – 3 Js – Jayne, Jo and Jessie

Hey you, yes you, what are you doing here? Well, I guess you're coming to get one of these (picture of diploma) so you can hopefully get one of these (picture of job) and earn lots of these (picture of money) and make you as happy as this man (picture of man at party with pint of beer) but also, I suppose, it's to do a bit of this (picture - arrow points to beer) and a bit of this (picture of surfing) or dress up like this (picture of people in fancy dress) or this (picture of cheerleaders) or maybe get down like this (picture of girl rocking with guitar).

Well that's good because by doing these things you'll build up valuable skills which you can record on your e-portfolio which will help you develop and record your skills helping you go get back to this (picture of job).

Lost? Well let me tell you about my friends Jo, Jayne and Jessie.

00.40 Jo was a surfer dude. He studied automotive design, two guesses to what he wanted to do? (picture of racing car). When he left university he knew that if he wanted his dream job he'd have to shine like his shimmery sun-dyed locks! So in his first year he joined the Surf Society and volunteered at a surf school giving him top notch skills employers would love. He used his e-portfolio to write a blog about his experiences, then kicked back and 'chillaxed' with the best of them. In his second year he did some work experience (picture of mechanic with car) which again gave him valuable skills and a head start with employers. He met more employers at the careers fair and sent them a link to his super smart online CV and blog from his e-portfolio.

Jo got his dream job, he rocks. We always knew he did, didn't we?

01.25 Jayne studied Media Studies. She didn't know what to do with it so she did some Work Tasters. She wrote an interactive journal throughout and shared it with her tutor who helped her with placements. She volunteered at the Children's Centre gaining invaluable skills. She also ran for the Women's Officer at the Students' Union where she created a web portfolio to present her campaign. She went to the Careers Fair and met employers and later sent them links to a web folio demonstrating her work. The employers were impressed and she got her dream job.

01.56 Jessie. The poor lass got it all mucked up. She was studying Geography and spent 3 years with her pretty little head stuck up in those cumulus clouds she loved so much. Three years passed and she got a 1st class degree, whoopee doo! But she was lacking vital skills employers needed in the workplace. She didn't know what she wanted to do so she went to see a Careers Advisor and used a matchmaking service to find her perfect job. She finally listened to her mate Jo and logged on to her free e-portfolio account which helped her record her skills. She'd used communication skills in her presentation, she'd problem-solved her way through a tough assignment. She'd worked for a team on a group project. She built up an online CV which impressed the employers, unfortunately there were too many Jos and Jaynes out there with work experience under their belts so she missed out on her dream job. Boo! If only she'd thought about her employability earlier.

Still lost? Well what I'm trying to say is your e-portfolio can help you reflect on your learning and development making you shine above the rest of the numpties out there and wherever you do any of these (pictures of volunteering, work experience, work tasters, activities, other skills) you're

building up skills which you should be recording in your e-portfolio which has many ways of helping you demonstrate to yourself and employers just how totally wonderful you are!

If you haven't the Dickens what I'm talking about or want to find out more, log on to the SWWHEP website.

SWWHEP is a partnership between the 3 universities in South West Wales so log on to <http://www.SWWHEP.ac.uk/en/careers>

Click on the student pages and check out how SWWHEP can help you stand out from the crowd.

You've been watching a SWWHEP video. Ta da!